



MOUNT BOGONG CONQUESTATHON

Saturday 28th February 2026

FINAL PARTICIPANT INFORMATION this email sent Thursday 26th February 2026

Thank you for registering for the 46th Conquestathon

Important times for the event:

Friday 27th February - for all locals and all arriving Friday afternoon to avoid early Saturday rush -

5pm to 7pm Registration/ bib collection / mandatory gear check @ Mount Beauty Auditorium.

****This is the building next to Mount Beauty Visitor Information Centre****

[31 Bogong High Plains Road Mount Beauty, 3699](#)

Saturday 28th February

6:10am Registration/ bib collection / mandatory gear check OPENS at [Mountain Creek Campground](#)

6:45am Mandatory event briefing at start : [Mountain Creek Campground](#)

7:00am Event start for ALL participants

10:30am Trophy presentation and photos

12:00pm Mount Bogong Summit cut off time

2:00pm Camp Creek Gap cut off time

Detailed information on cut off times is below

IMPORTANT INFORMATION BELOW

- **Weather forecast**
- **Mandatory Equipment including food and water**
- **Your own First Aid responsibility including how to apply snake bite bandage**
- **Toileting on course**
- **Emergency Plus App/What3Words App**
- **Course cut off times**
- **!! COFFEE VAN at Mountain Creek ! AND Spot Prize Winners on last page ! !**

Parking at Mountain Creek and Carpooling with others:

Parking is extremely limited and we ask that you carpool, or arrange to be dropped off if living local.

There is only one road into Mountain Creek Campground and this road needs to be accessible by emergency services including fire trucks at all times. Parking will take place along Mountain Creek Road. Parking marshals will assist, but we ask you to carpool from home or meeting others in Mount Beauty or Tawonga before driving to Mountain Creek Campground.

Please park as close as reasonably and safe as possible to other cars. There is an open private property paddock some 400m from the event hub – however there is strictly NO parking allowed on that property. You can view the names of people who have registered on the event registration page to help contacting those you know to carpool with.

WEATHER FORECAST Saturday 28th February:

Please keep checking the Falls Creek BOM weather forecast. Falls Creek BOM recording station at 1765m, provides the most similar weather to Mount Bogong and is also the closest BOM weather station to our location: The webpage address is at this link below:

<https://reg.bom.gov.au/vic/forecasts/falls creek.shtml>

We have had a significant amount of rain during this week on Mount Bogong and with milder temperatures than we have experienced after a very hot and dry summer, mixed with a little rain in the forecast, you absolutely must come prepared to stay warm and dry with the mandatory equipment ! This will be checked !

Mandatory equipment including food and water:

THIS IS FOR ALL PARTICIPANTS - You will not be permitted to participate in the event if you do not have the mandatory equipment. You must carry the items listed here with you at all times. This is for your own safety and all the event volunteers in case of an accident that leaves you exposed to weather awaiting an emergency service rescue.

We want to encourage you to always go prepared when you venture outdoors and not only for Mount Bogong Conquestathon. Thank you for coming prepared.

The weather conditions vary greatly between what is being experienced at Mount Beauty, Mountain Creek Campground and Mount Bogong Summit. With wind chill, temperatures can be up to 30 degrees colder at the summit and weather can change within minutes at higher altitudes.

Event bibs can only be collected by the registered participant on Friday afternoon at Mount Beauty Auditorium or Saturday morning at Mountain Creek Campground, to allow for the requirement of gear checking.

- Waterproof jacket with hood
- Thermal top
- Water (minimum 2L)
- Phone (with the [Emergency Plus App](#) installed to help find your exact location if required)
- Whistle
- Space blanket
- Conforming snake bite bandage (with indicator squares, so that correct and consistent compression can be applied to the limb)
- Personal medications and your own small first aid kit for blisters/cuts (EpiPen and asthma)
- Food/lunch and snacks /energy bars
- Event number bib (please write clearly any medical conditions on the back before 7am)

HOW TO CORRECTLY APPLY A SNAKE BITE BANDAGE:

It is highly likely you will see a snake. Snakes love slithering across the tracks of Mount Bogong and yes, they are all venomous ! You will be wishing that you bought the correct and recommended Snake Bite bandage if one was to get frightened and give you a solid bite full of venom, putting you in a highly risky and dangerous situation.

This is why we will be checking you have the correct bandage at registration.

Please make yourself familiar with the how to use and apply your snake bite bandage with the indicator squares. Trusted websites as Ambulance Victoria and St John website below step you through what to do.

<https://www.stjohnvic.com.au/news/snake-bite-first-aid-tips/>

In addition to this, and laying completely still, please also have someone call Triple Zero using the [Emergency Plus App](#) which will include your exact location and notify the Event Director via the phone number printed on the back of your bib.

Toilets:

There are just 2 drop toilets at Mountain Creek Campground. Other toilets on the course are located at Bivouac Hut (5.5km point) and Michell Hut (11km point).

BYO toilet paper should be carried with zip lock bags to carry out all rubbish and human waste.

If you cannot make one of these three toilets the following MUST happen:

- Leave your bag at the side of the trail – so that the Sweep Marshal doesn't pass you, find a suitable place to do your business out of sight. This should occur into a paper bag that is then placed into a zip lock bag within another ziplock bag.
- All bodily content and toilet paper needs to be carried out. NO bags are to be placed into drop toilets.
- Please be aware this is a pristine and fragile alpine environment. We all need to respect and care for it. Please do the right thing to 'leave no trace' in our mountains.

Mandatory Event Briefing at start area:

6.45am SHARP! This will cover course overview, weather report taken from 6.30am, emergency procedure, marshals on course, cut off times and any last minute decisions on course changes.

Course marshalling and First Aid & [EMEGENCY PLUS APP](#)

Marshals will be stationed at set points around the course at most intersections, the summit and both Bivouac and Michell Huts. Marshals will wear a high vis vest and have radio and phone communication with the Event Director and between other marshals throughout the day.

Where there isn't a marshal there will be large black arrows on yellow signs.

Ambulance Membership:

It is highly recommended and encouraged that you have [Ambulance Membership](#) from your permanent state of residence.

First Aid

- **Participants must be comfortable in attending knowing there is no designated First Aid Body or external provider for this event.**
- **Each participant must be fully prepared for any personal first aid needs and incidents which may occur themselves and bring their own personal medication and basic first aid kit.**
- You are responsible for your own first aid – if you are struggling, please seek the closest volunteer to see if they can provide reassurance, you may need to ask other participants for assistance.

Please note – Marshals are not paramedics or doctors.

In the event a medical incident occurs, marshals only have a 'duty of care' to care for the casualty and make as comfortable as possible until professional medical assistance arrives.

- **Participants are encouraged to download and use the '[Emergency Plus](#)' App on their phones.**

Free to download and will give precise location to pass onto Triple Zero 000 operator using either Latitude and Longitude OR [What3Words](#). What3Words allocates 3 different english language words to 3m x 3m grid squares across the entire globe. This means you can be found quickly without needing to know with a map or GPS where you are. If you pass a participant in distress, confused or injured, please stop to assist and contact the event director using the phone number which will be printed on the back of your bib number.

PLEASE ALSO WRITE ANY KNOWN PERSONAL MEDICAL INFORMATION ON THE BACK OF YOUR BIB TO HELP VOLUNTEER MARSHALS OR PARTICIPANTS HELP YOU.

- **YOU MUST DISPLAY YOUR BIB ON THE OUTSIDE OF CLOTHING AND NOT BE COVERED BY JACKET OR BAG!! Please check this - it's more for safety to know where you are !**
- If you are alone and feel that you require assistance, please use the '[Emergency Plus' App](#) or [What3Words](#) to locate your position and contact myself via the mobile phone number on the back of your bib ! Please also check before the start you have written any known medical information which might help someone to help you. Other participants may also be able to help as they get to you.
- There is a food and drink station at the bottom of Eskdale Spur at Camp Creek Gap.
- FINALLY - The Volunteers are just that - volunteers to help you make your day enjoyable and safe ! They are highly experienced mountain people and know this mountain intimately throughout ski touring and hiking. Trust their judgement to best help you !

Cut Off Times: There will be NO exceptions. Prior preparation before event.

[Mount Bogong, the highest mountain in Victoria](#) is the ultimate challenge and the organising committee recommends that you have undertaken a similar grade hike of at least 20km distance and 1,400 meters elevation gain as training.

This expectation to do some long hikes before you attend Mount Bogong Conquestathon, is so you know what to expect in terms of distance with over 1400m elevation. Equally important, adequate training and preparation for the event, provides you with a greater appreciation of how to manage your nutrition and hydration energy needs throughout the day so you can enjoy the challenge of Mount Bogong as much as possible and finish with some energy remaining afterwards.

- To support both our volunteer course marshals and for the safety of all participants, we need to have some firm course checkpoint cut off times to be sure that everyone is back down the mountain at a safe time of day.
- **It is expected that all participants start at 7:00am - there will be no late starts permitted ! !**
- Participants who fail to make the **summit check point by 12noon** will be a DNF and asked to return the shortest route (**9km**) directly to Mountain Creek Start/ Finish area VIA Staircase Spur, to be back at a safe time of day. These participants will have a sweep marshal follow them down for safety.
- All participants must have departed the **check point at Camp Creek Gap by 2pm. (13km)**
- Failure to make this 2pm 'cut off' will mean you need to return back to Mountain Creek Camp Ground on the bus. There is still an 8km hike / run from this point back to Mountain Creek.

Bus at Camp Creek:

A bus will be stationed at Camp Creek Gap for the day. Participants deciding they cannot finish the final 8km section back to Mountain Creek Campground finish area or those participants reaching Camp Creek Gap later than the 2:00pm checkpoint cut off time, will be asked to ride the bus back.

Thunderstorms/Lightning:

Event Base will be monitoring the weather closely before and during the event. In the situation participants are on course during a thunderstorm course marshals will advise if participants should make their way to lower elevations and or back to nearby huts.

Participants should drop walking poles and make themselves as small as possible by crouching down.

Mount Bogong Conquestathon Event Facebook Page:

Please “like” / “follow” the event page for updates and more information in the lead up to the event.

<https://www.facebook.com/MtBogongConquestathon>

COFFEE VAN AT MOUNTAIN CREEK !

Although this is almost the last thing on the list, it is important to remember that we have Kaitlyn from “The Little Vintage Van”!

There will be hot coffee, iced coffee and a range of snacks and cold soft drinks for sale.

It is best to bring cash and support this awesome local small business owned and operated by Kaitlyn

Conquestathon Refund Policy:

The planning and conducting of the Mount Bogong Conquestathon, involves spending a huge amount of money in advance on items such as race bibs, timing chips, food, prizes, communications and insurance. Please check the website for our refund policy.

<https://www.hoppet.com.au/refund-policy/>

For any further questions before the event, please contact us and we can help you.

www.hoppet.com.au OR <https://www.facebook.com/MtBogongConquestathon>

Congratulations to these participants -

Your name was “pulled out the hat” and awarded to receive one of our fantastic Sport Prizes!

SPOT PRIZE WINNERS ! ! Sponsored by AGL !!

	Surname	Name	Prize
1	FURGUSON	Sam	Sam Miranda Wine
2	NORRIS	Jennifer	Sam Miranda Wine
3	SHERWILL	Claire	Sam Miranda Wine
4	BRINSMEAD	Deanne	Sam Miranda Wine
5	CHRIS	Nawrocki	Sam Miranda Wine
6	COCKLE	Suzie	Sam Miranda Wine
7	HUTCHINSON	Corinne	Sam Miranda Wine
8	O'BRIEN	Steph	Sam Miranda Wine
9	WARD	Yvonne	Sam Miranda Wine
10	MAGEE	Jayla	Wildflower Pilates
11	HARRIS	Adrian	Tawonga Tourist Park
12	GRIGG	Eilidh	Quaff Wine Bar
13	SEYMOUR	Melissa	Quaff Wine Bar
14	ZEALLEY	Mick	Grass Valley
15	DUNELL	Sam	Alpine Outfitters
16	CINQUEGRANA	Sean	The Park
17	CONNELL	Dylan	Rocky Valley Sports
18	FREEMAN	Ella	Impact Massage
19	SAULTRY	Rachel	Lilli Pilli
20	KENT	Michelle	Crank Handle
21	HESS	Ben	Crank Handle
22	DODDRIDGE	Benjamin	Farm to Fork Butcher
23	JOYNER	Bradley	Ski Plus
24	COOPER	Dominic	ENTRY -EASTER FUN RUN @FALLS CREEK
25	BARNES	Nadine	ENTRY -FALLS CREEK BACKYARD WRESTLING

-

Please enjoy spending time at these local businesses of the Kiewa Valley between Mount Beauty, Tawonga South and Tawonga !

We hope to welcome you back to our valley to enjoy your prize!

Thank you for registering and we look forward to welcoming you on Saturday 28th February.

From the 2026 Mount Bogong Conquestathon Organising Committee.

From the mountains,

Nikko Wright

Nathan Roberts

Sheepy Sanders

Michelle Davies

Mary Hall